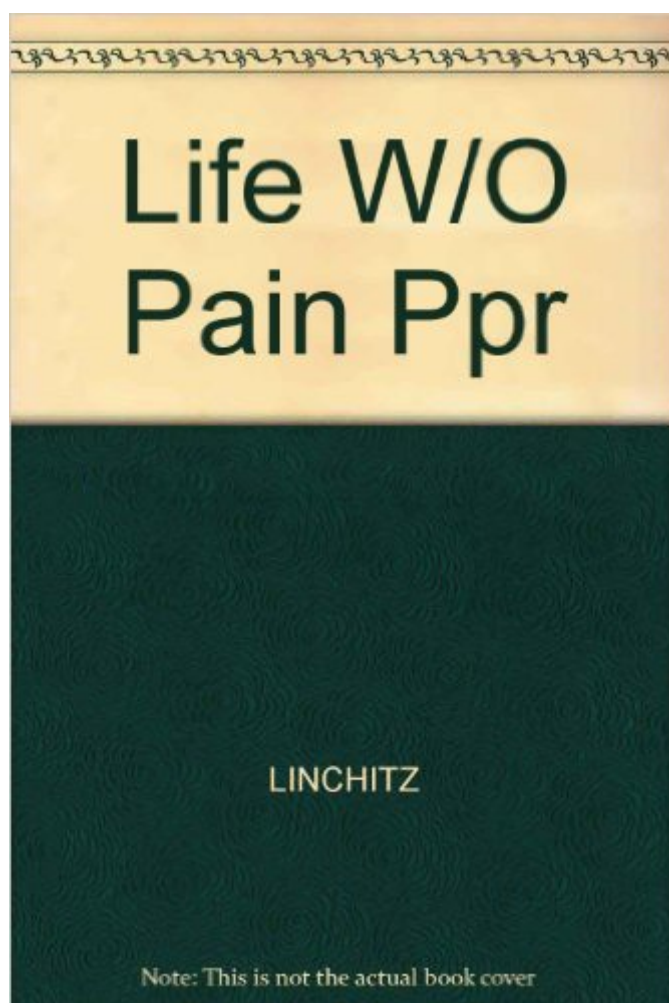


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Life Without Pain: Free Yourself From Chronic Back Pain, Headache, Arthritis Pain, And More, Without Surgery Or Narcotic Drugs



Book Information

Paperback: 188 pages

Publisher: Addison-Wesley (March 1990)

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Lots of good information, most which works. I dip into the instructions from time to time

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